

# CO-OPERATIVE HOUSING EDUCATION CONFERENCE



Spring 2019: Saturday, April 6

Seven brand new workshops and four updated. Twelve workshops in all!

**Westin Wall Centre**  
3099 Corvette Way  
Richmond V6X 4K3

## TOOLS & TECHNIQUES FOR STRONG COMMUNITIES

This spring our focus is on the tools and techniques that help to make strong communities. At the conference we will launch a new Meetings section of the CHF BC website with 30-plus meeting tools for member use. These tools will help you hold more effective and enjoyable meetings; but what about the interpersonal skills to help interactions with co-op members, at meetings and in everyday situations? Find out more in the after-lunch plenary *ESSENTIAL SKILLS TO SHIFT FROM CONFLICT TO OPPORTUNITY*.

## CONFERENCE DETAILS

### Conference cost

Full-day rate: \$180 plus GST

Half-day rate: \$150 plus GST  
(9:30am – 1:15pm or 1:15pm – 4:45pm)

CHF BC will invoice your co-op after the conference. When you register online, you will be asked to confirm that your co-op has authorized your registration.

### Discounts

**BUY 5 GET 1 FREE:** For every five full-day registrations, get one full-day registration free.

**EARLY:** Register by Friday March 22, and save \$10 off each full-day registration fee.

**ISLAND SHUTTLE:** New this spring, a CHF BC shuttle from Tsawwassen Ferry Terminal to the conference venue, and back!

**FREE:** Member co-ops in the Thompson Okanagan and Kootenay regions are eligible for two free registrations and two free hotel accommodations (only available if you register by March 15).

**OUTLIERS:** Lower Mainland co-ops more than 35 km from the Westin and Island co-ops can take a further \$15 off each full-day registration fee.

**BRING A NEW OR YOUNGER MEMBER FOR FREE:** Bring one member who has lived in the co-op for 12 months or less, or a member under the age of 30 for no extra charge! (Must register with a full-day paying registrant from your co-op).

### Cancellation

Cancel by noon on Friday, March 29. If not, we will invoice your co-op. Workshops with fewer than 10 people registered may be cancelled.

### Conference schedule

8:30am – 9:30am: light breakfast and registration

9:30am – 12:30pm: workshops

12:30pm – 1:15pm: lunch and registration

1:15pm – 2:15pm: plenary

2:15pm – 2:30pm: break

2:30pm – 4:45pm: workshops

## HOW TO REGISTER

Register online at [chf.bc.ca](http://chf.bc.ca)

For more information contact Debbie Van Kuyk

email: [education@chf.bc.ca](mailto:education@chf.bc.ca)

phone: 604-343-2359

toll-free: 1-866-879-5111 ext 135

### Portable and scheduled workshops and webinars

Can't make it to the conference? Ask us to bring a workshop to your co-op; attend a scheduled workshop at the CHF BC office on Commercial Drive; or attend a webinar:

[www.chf.bc.ca/education](http://www.chf.bc.ca/education)

### Sponsors

Thanks to Canada Mortgage and Housing Corporation (CMHC), CD Contract, Danube Kitchens, Encasa Financial, FortisBC, K&A Flooring, RONA, TELUS, Trail Appliances, and Waste Connections for their contributions to CHF BC's Education Program.





## WORKSHOP DETAILS

### Morning Workshops 9:30am – 12:30pm

#### 1. MAINTENANCE 101 **UPDATED**

You need skilled professionals to get great maintenance results, but there is still a critical role for members in looking after your property and buildings. We'll help you understand this role: what is (and isn't) a member's responsibility; how to address preventative and routine repair needs; and how to use a maintenance calendar.

#### 4. ASK THE LAWYERS **UPDATED**

Bring your toughest legal questions for our team of experienced co-op lawyers. Get the answer to that question you've always had about the Co-op Act, model rules, human rights, privacy, membership termination, governance, and more! Win a prize for the workshop's toughest question.

#### 2. MEETING TOOLS **UPDATED**

Be the first to try out over 30 new easy-to-use tools that will transform your co-op meetings! Whether you're planning an AGM or Town Hall meeting you'll want to check out the corresponding sample notice, agenda and guide, to make your meetings exceptional.

#### 5. COAST SALISH CO-OP RECONCILIATION **NEW**

Developing healthy relationships with First Peoples and to the land is key to fostering community health. This session will explore the meaning of colonization, de-colonization, restitution and reconciliation as applied to individual members and to their housing co-ops.

#### 3. ADVANCED GOVERNANCE **NEW**

This master-class will provide you with a strong foundation to shift the focus of your conversations towards the issues that really matter. Tap into the collective insights, experience and creativity of your members through generative and strategic conversations.

#### 6. NAVIGATING DIFFICULT CONVERSATIONS

There can be conflict in co-ops. In this session learn about difficult conversations: why they happen, their benefits, the drawbacks of not managing them well, and key communication skills to help when they do occur.

### Lunch 12:30pm – 1:15pm

### Plenary 1:15pm – 2:15pm

#### **ESSENTIAL SKILLS TO SHIFT FROM CONFLICT TO OPPORTUNITY**

This afternoon plenary is set to illuminate how to survive and thrive in times of conflict in your co-op. This session will provide you with practical, realistic skills to shift conflict, right in the moment, to an opportunity for movement and growth. Stop losing sleep, fretting, or being upset about co-op conflict. Instead bring your challenging situations and learn how to manage them with success.

### Afternoon Workshops 2:30pm – 4:45pm

#### 7. THE CHAIR'S NIGHTMARE! **UPDATED**

The chairperson's objective is to get meeting business done while making sure that the process is fair and legal. Even the most challenging chairing situations can be resolved - find out for yourselves when we have fun with CHF BC's favourite chairing nightmares!

#### 10. DISPUTES UNDER THE CRT **NEW**

In 2019 the provincial Civil Resolution Tribunal will assume jurisdiction over some disputes between members and their housing co-ops. The CRT promotes itself as an online tribunal that will provide greater access to justice. Find out how this will impact your co-op and what you can do to prepare.

#### 8. REDEVELOPMENT **NEW**

Learn how BC Housing is working with non-profit providers to facilitate the redevelopment of affordable housing. Take part in a facilitated Q & A with the Community Land Trust Foundation of BC, and discuss how to apply case studies to the co-op housing sector.

#### 11. LEADING CHANGE **NEW**

Shift from responding to change, to leading and inspiring change. This workshop will provide you with a strong foundation for implementing change leadership practices. Learn practical tools to deal with the human dynamics that lead to success or failure in implementing change, and identify concrete steps you can take immediately.

#### 9. OVERDOSE PREVENTION **NEW**

Approximately 90% of overdose fatalities happen indoors, where people are using drugs in the privacy of their homes. This session will cover overdose prevention, identification and naloxone administration in the housing co-op setting.

#### 12. HOUSING PETS **NEW**

Pets can be an absolute nightmare. At the same time, they can make all the difference to your members' well-being and can even enhance your co-op community. Face the nightmares, and discover ways to house people and their pets while building community and saving the co-op unnecessary expense.