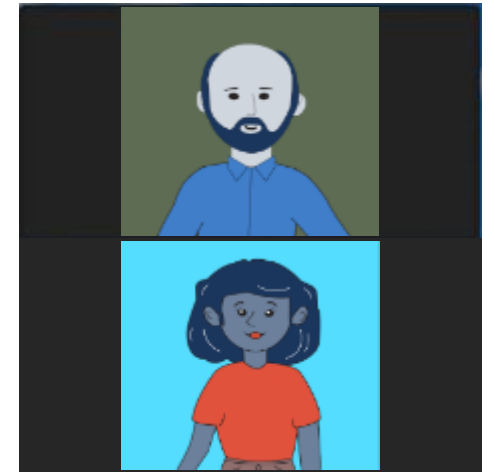
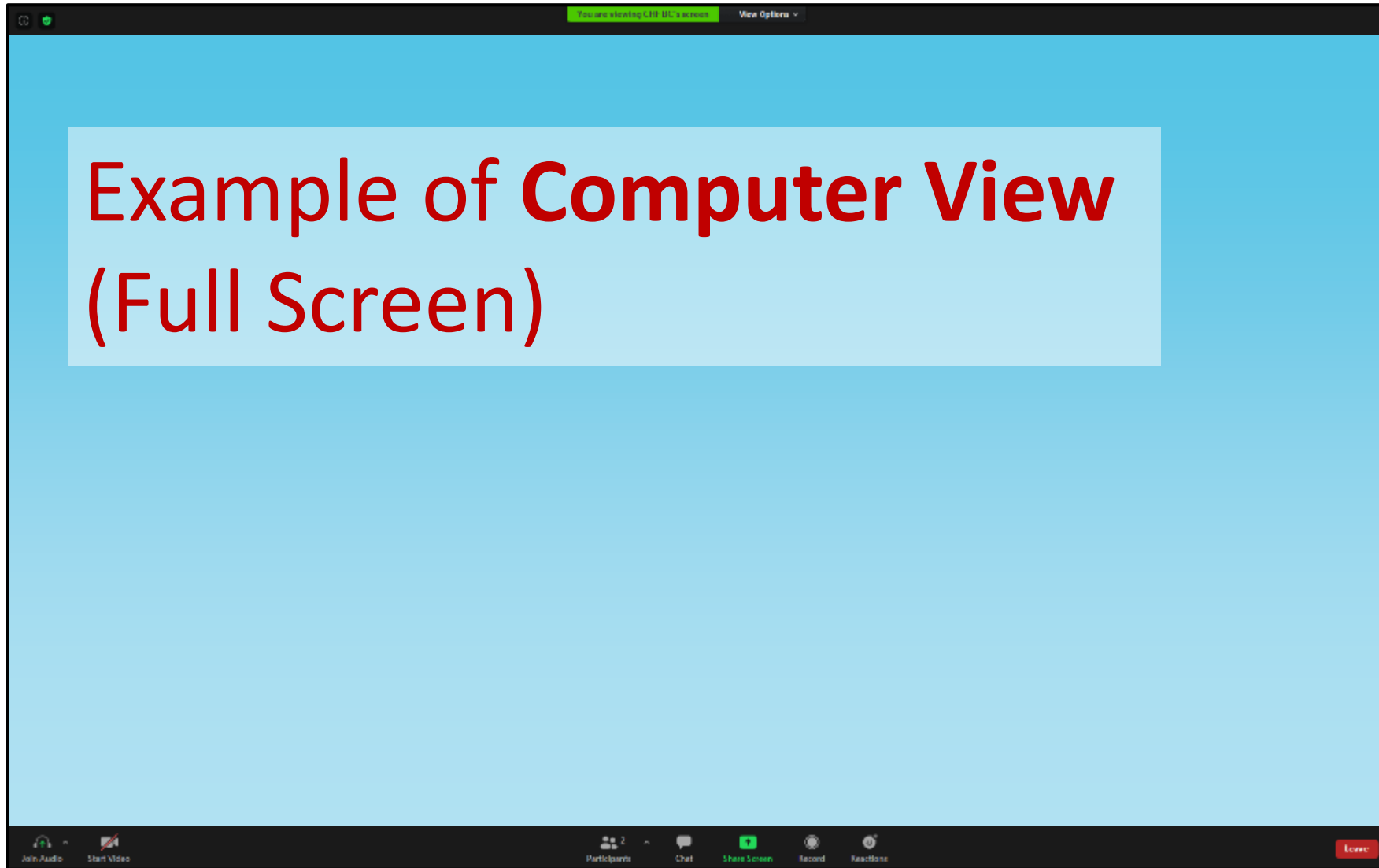
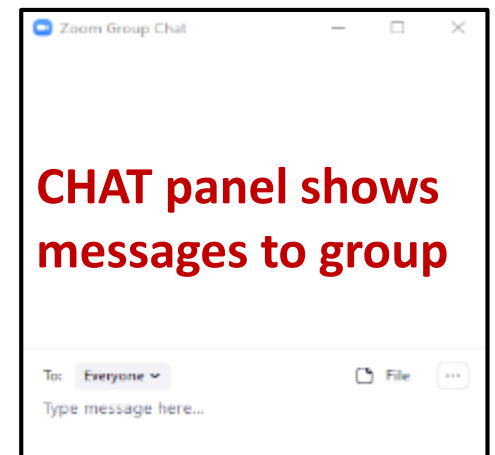


AGING IN OUR CO-OP COMMUNITIES





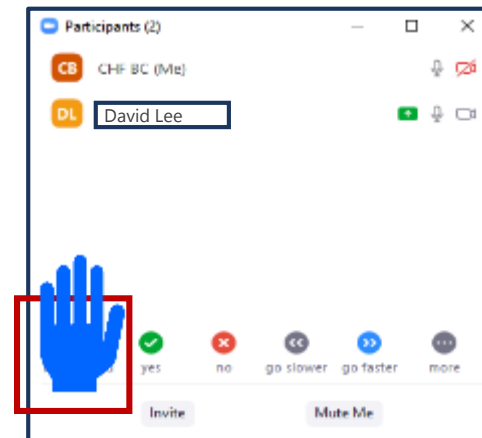
Movable video feeds



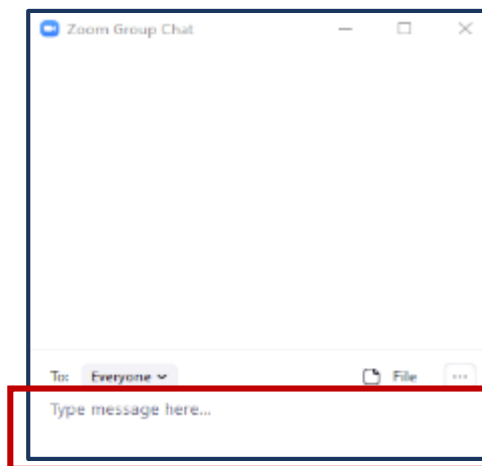
Example of Computer View (Full Screen)

Mute Control

Participant List & Controls



Ask to speak by raising your hand

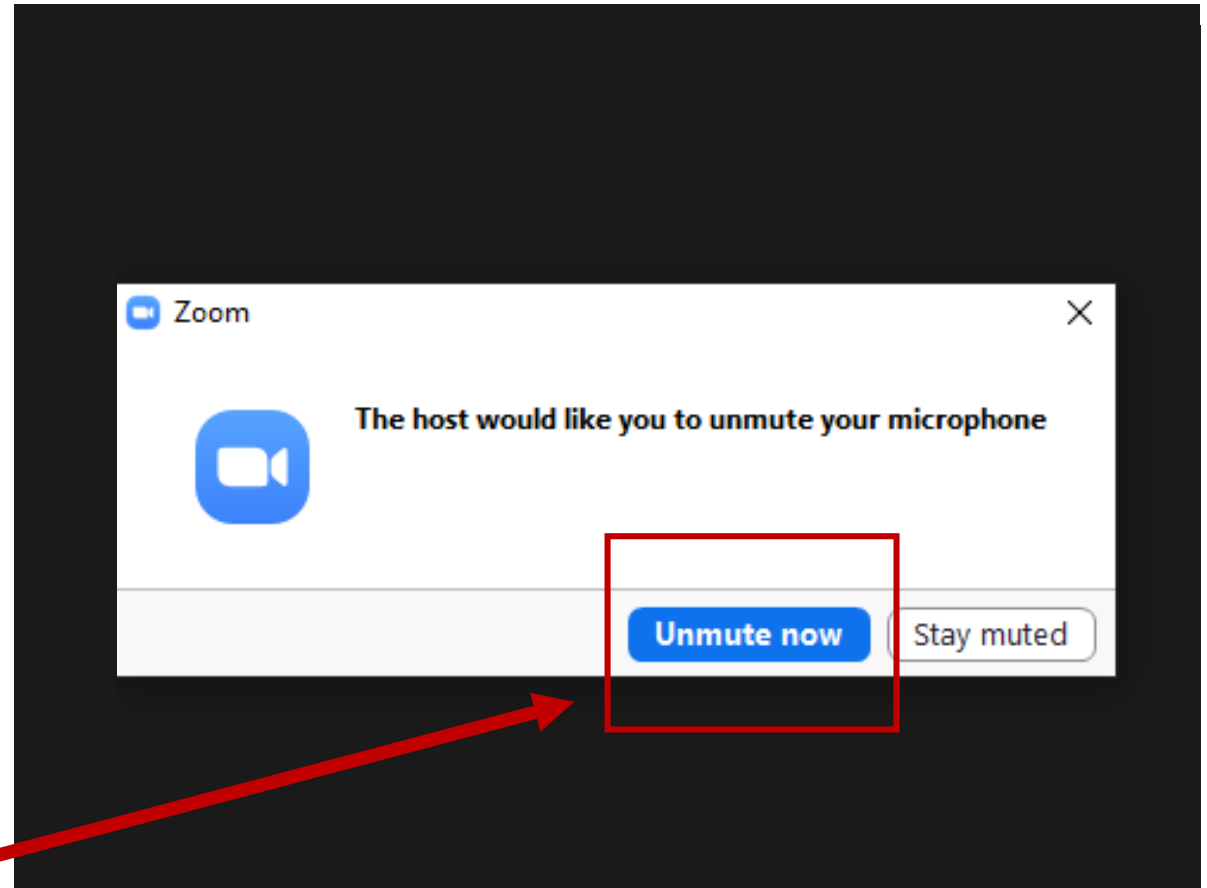


Type your questions here in the CHAT panel

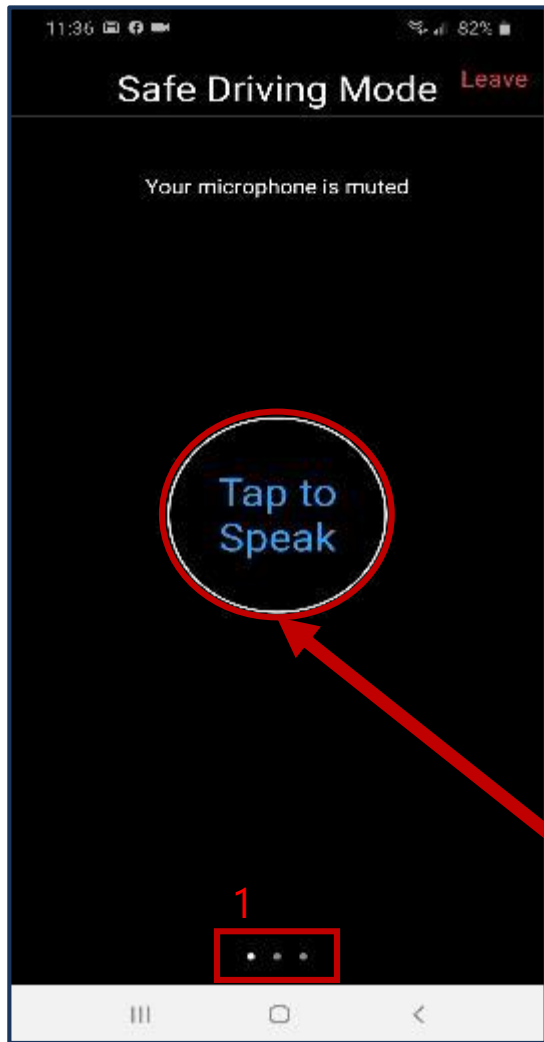
Sometimes everyone will be muted (especially at the start of the session).

Staff will unmute you when it's your turn to speak. You may need to confirm you want your mic on.

Click “Unmute now” when you see the message on your screen.



Audio Control (unmuting so you can speak)



Swipe left or right to move through the views

Tap button to speak

Mobile App Views



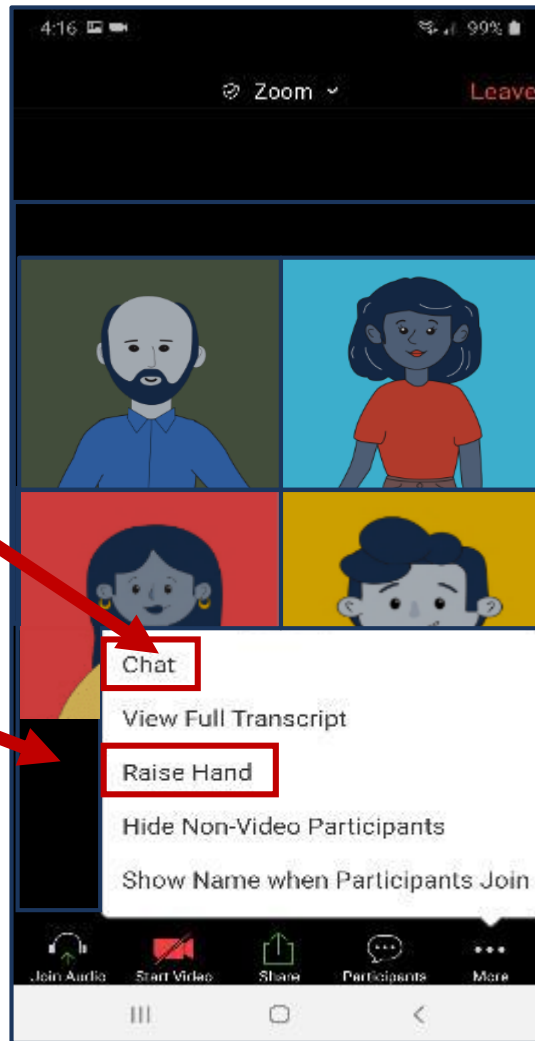
Control panel



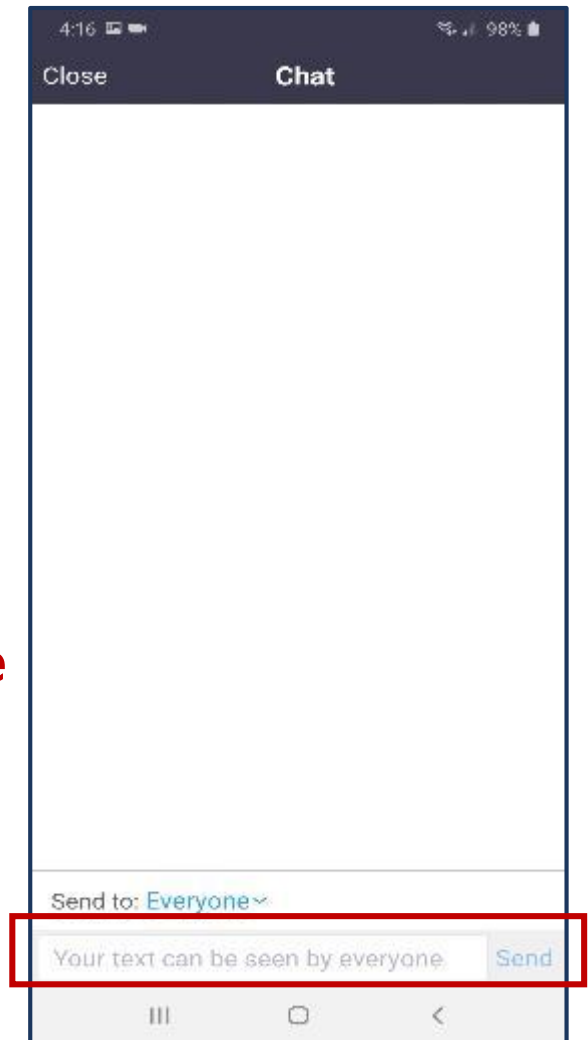
Mobile App Views

Open your chat

Ask to speak by
"raising your
hand"



Type your
questions here

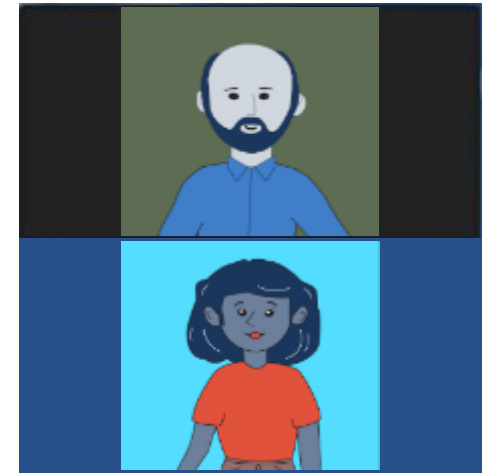
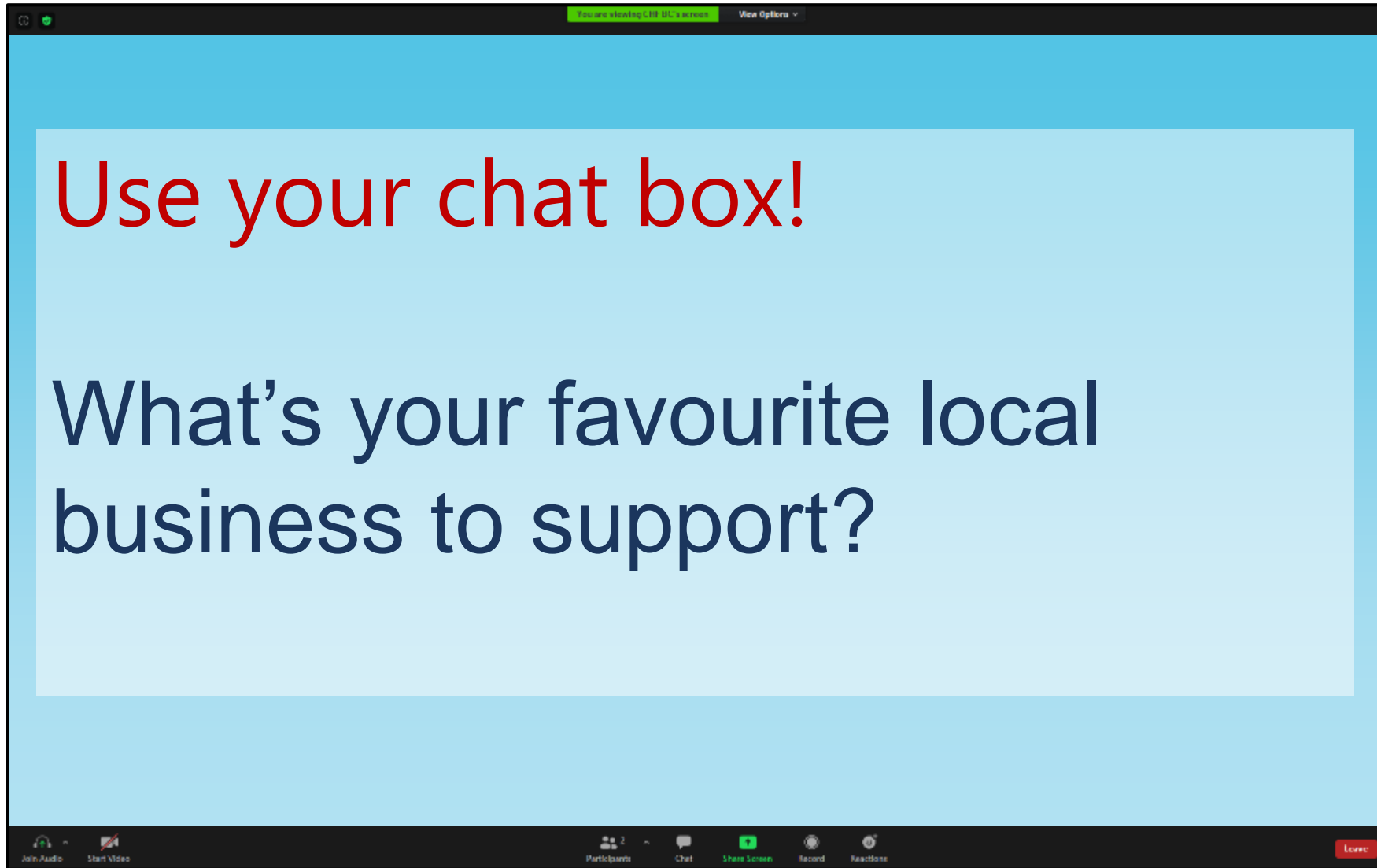


Controls for Participants Calling in by Phone

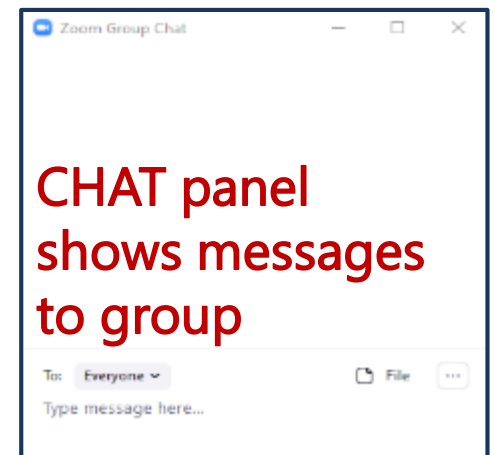


The following
commands
can be entered using
your phone's dial pad:

- *6** Toggle
mute/unmute
- *9** Raise hand 🖐️



Movable video feeds





TERRITORIAL ACKNOWLEDGEMENT



YOUR FACILITATOR

Pat McClain

WEBINAR GUIDELINES

- Value others and their right to express ideas
- Encourage everyone to participate
- Talk about issues and not about people
- Ask if you don't understand
- Try to stick to the topic

Laugh (try to anyway), learn and enjoy!

SESSION OVERVIEW

- Define "Aging in Place"
- Aging in Canada
- 8 themes from the *Aging in Place* survey
- What we can do

AGING IN PLACE - A DEFINITION

Aging in place refers to people living as independently as possible, using products and services to enable them to stay in their communities as their needs change.



Do you know how many seniors will be living in your co-op in 5, 10, 20 years?



AGING IN CANADA: THE BIG PICTURE

- 5.9 million seniors in Canada – about 17% of population
- 913,000 British Columbians aged 65 and older

Canadian Census (2016)

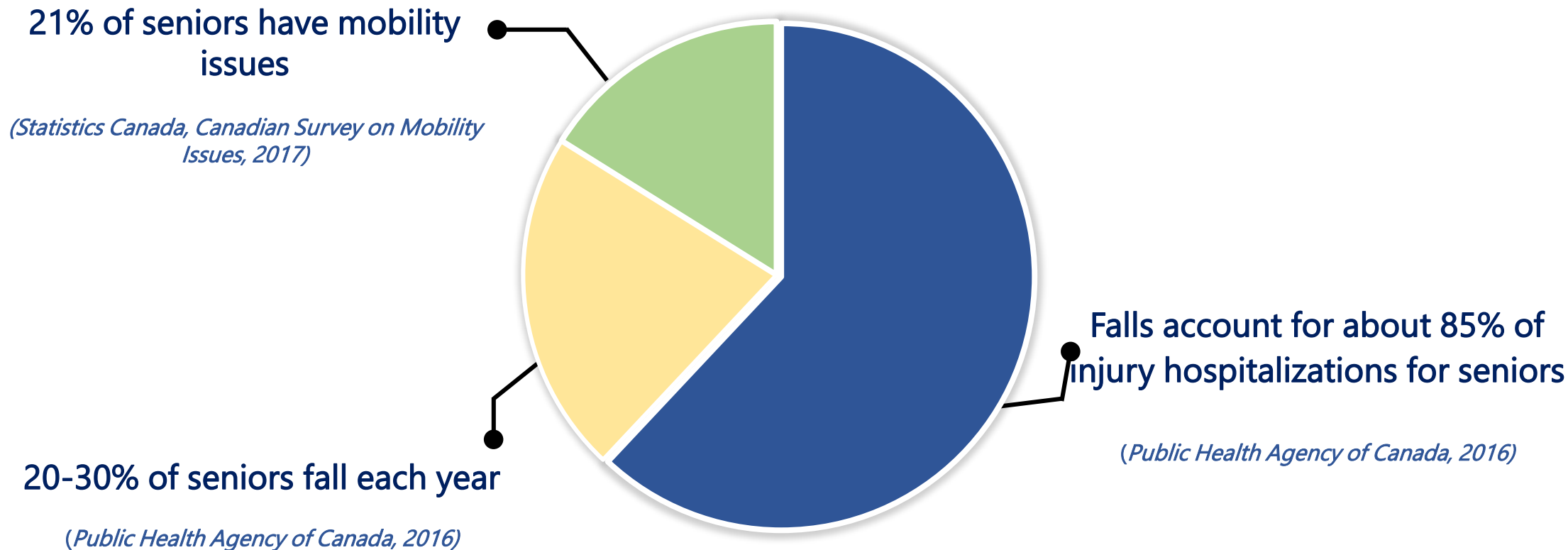


AGING IN CANADA – LIVING WITH DEMENTIA

- 564,000 living with Alzheimer's disease or other dementia
- 65% of those diagnosed with dementia over the age of 65 are women
- 25,000 new cases of dementia diagnosed every year
- 937,000 Canadians will be living with dementia by 2031
- About 61% of seniors in Canada with dementia live at home

Alzheimer Society of BC and Stats Canada (2016)

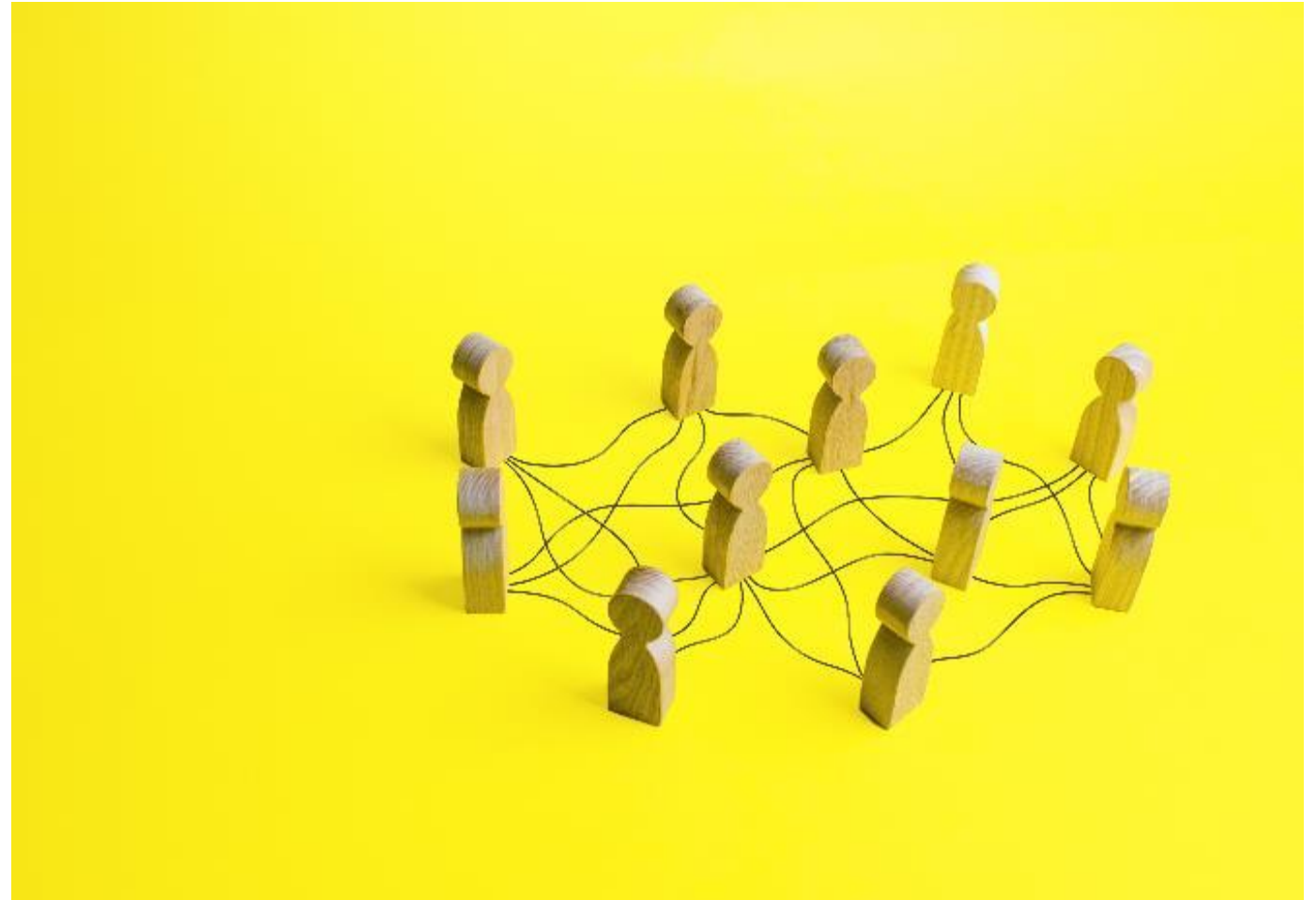
AGING IN CANADA – LET'S TALK MOBILITY



What are the implications for your co-op?



AGING IN OUR CO-OP HOMES: SURVEY REPORT



BACKGROUND

Survey conducted by CHF BC's Aging in Place Committee with funding provided by the Vancouver Foundation Grant

Survey details:

- Completed March – April 2015
- Completed online and through mail-outs
- The entire co-op community was surveyed – not just seniors
- Included closed and open-ended questions

Information was also gathered via focus groups

KEY THEMES

1. Aging in place considerations
2. Engagement in co-op communities
3. Mobility and health
4. Accessibility and safety
5. Over-housing
6. Finances
7. Planning considerations
8. Resources

THEME 1 - *AGING IN PLACE CONSIDERATIONS*

Below are some of the factors affecting the ability to age in place or reasons to potentially leave a co-op:

- Finances
 - Loss of subsidy (51%)
 - Housing costs or co-op finances (48%)
- Health or mobility concerns (44%)
- Structural limitations of co-op (18%)
- Not feeling included in the community (11%)
- Other (41%) including:
 - Over-housing
 - Move to a different area or in with family
 - Co-op policy or governance



RECOMMENDED CONSIDERATIONS



- Different levels of need
- Needs can change from day to day
- Consider support, physical layout, financial needs

THEME 2 - *ENGAGEMENT IN CO-OP COMMUNITIES*

	Yes	Mostly	Rarely	No
Do you feel a sense of community in your co-op?	48%	36%	9%	7%
Do you participate in social activities with other members?	42%	30%	20%	8%
Do you feel included in the community?	53%	32%	9%	6%
Do you feel like you are treated as an equal and valuable member?	53%	32%	6%	9%
Do you feel involved in the co-op?	60%	27%	7%	6%



How Are You Keeping Older Members Engaged In Your Co-op Community?

THEME 2 - *ENGAGEMENT IN CO-OP COMMUNITIES*

Participation in co-op community:

- How can we keep older members engaged in the co-op?
 - Change expectations around what they should offer

Support and assistance:

- Many older members are doing fine and do not need any assistance
- Others may require more support
 - transportation (23%)
 - shopping/errands (20%)
 - checking in (23%)
 - daily chores (indoor 12%, outdoor 14%)



THEME 3 - *MOBILITY AND HEALTH*

- Many members reported being in good health
- Many walk almost everywhere
- However, some members are house or bed bound
- 20% of respondents specified one or more mobility issues:
 - Knee or other joint problems, arthritis, vision impairment, lack of stamina, or balance problems
- Important to have amenities close by



THEME 4 - *ACCESSIBILITY AND SAFETY*

- 89% of older members say their unit is fully accessible
- Many say they have concerns for the future

How do you define accessibility?



CONSIDERATIONS FOR ACCESSIBILITY

What are you doing to ensure fully accessible housing for your aging members?

THEME 5 - *OVER-HOUSING*

“Over-housing” means a person or a family living in a co-op unit that is considered too large for their needs (CHF Canada).

Should over-housed members be required to downsize?

Considerations:

- Where would they move to?
- Does your co-op have enough one-bedroom units to accommodate all over-housed members?
- Other possible living arrangements?
- What about the cost of moving?



THEME 6 - *FINANCES*





THEME 7 - *PLANNING CONSIDERATIONS*

Duty to accommodate:

- Structures, rules, policies or practices may have to be changed to ensure that persons with disabilities are able to fully enjoy equal benefit, treatment, rights and access to their housing
- Co-op typically responsible to cover costs

THEME 7 - *PLANNING CONSIDERATIONS*

Co-ops expected to accommodate the needs of residents with disabilities to the point of “undue hardship”

- High standard
- Presumes some hardship
- Co-op must prove undue hardship
- Not “all or nothing”
- What constitutes undue hardship will vary



THEME 7 - *PLANNING CONSIDERATIONS*





THEME 7 - *PLANNING CONSIDERATIONS*

1. Good design – it's for everyone!
2. Good governance
 - a. Member survey
 - b. Review co-op's rules, policies and procedures
3. Long-term planning
4. Educate members and managers
5. Use task groups and make the most of your community network!

THEME 7 - *PLANNING CONSIDERATIONS*

Keep the following accessible:


- Kitchens
- Bathrooms
- Doors/windows
- Raised flower beds
- Outside walkways
- Common areas



THEME 7 - *PLANNING CONSIDERATIONS*

Member Satisfaction Survey

Please fill out the following form. You cannot save data typed into this form.
Please print your completed form if you would like a copy for your records.

 Highlight File

How to customize the Member Satisfaction Survey

It takes only minutes to customize this survey for your co-op. First, fill in the fields below. This information will be used to automatically fill in the related fields in the letter to members and the survey form.

Please fill in the following fields:

What is the name of your co-op?

Where will members be able to drop off their completed surveys (e.g. mailbox outside co-op office)?

THEME 7 - *PLANNING CONSIDERATIONS*

Rules, policies and procedures:

- Review your co-op's documents:
 - Will they meet the needs of your community over time?
- Mission vision and values statements
- Your Duty to Accommodate



THEME 7 - *PLANNING CONSIDERATIONS*

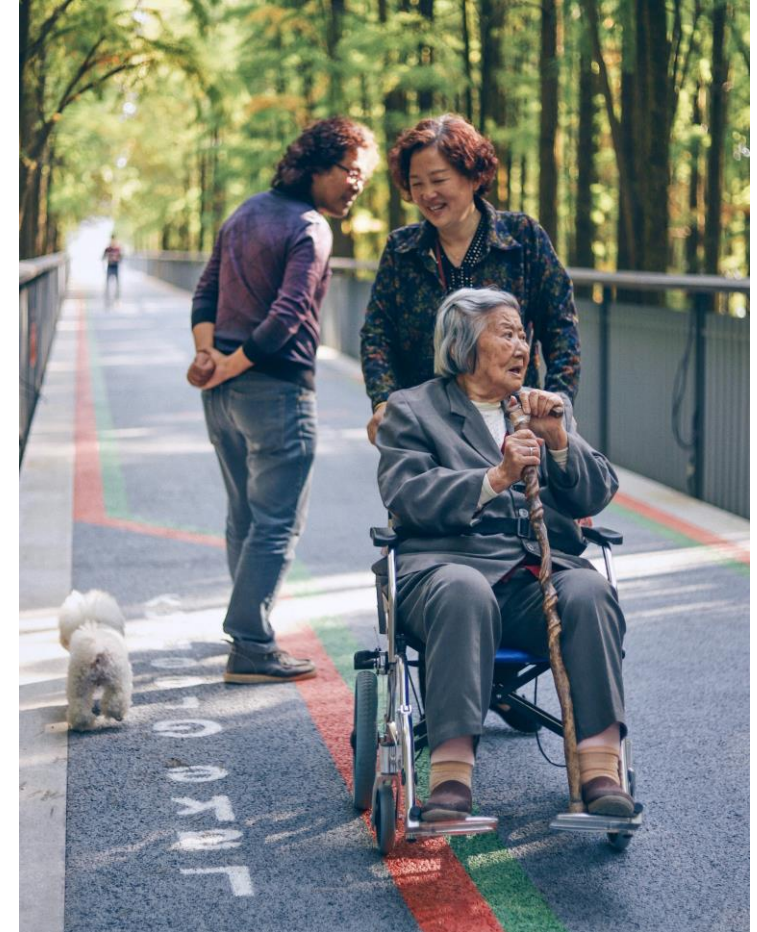
Provide relevant resources about the aging process, including:

- Presentations about aging at members meetings
- Online and hard-copy resources on aging in place
- A directory of social service providers

THEME 7 - *PLANNING CONSIDERATIONS*

Keep in mind:

1. **Dignity** and mutual respect
2. **Recognition** that no two people experience aging the same way – avoid stereotyping
3. **Respect** for the skills, talents and experience of older people
4. **Understand the diversity** present in the aging community



PLANNING CONSIDERATIONS

What Is Your Co-op Community Doing?



THEME 8 - *RESOURCES*

Services that outside organizations could provide at home include:

- Handy person services
- Homemaker services
- Community kitchens
- Companionship walks
- Home visits
- Podiatrist visits
- Phone check-up services
- Peer counseling
- Meal programs

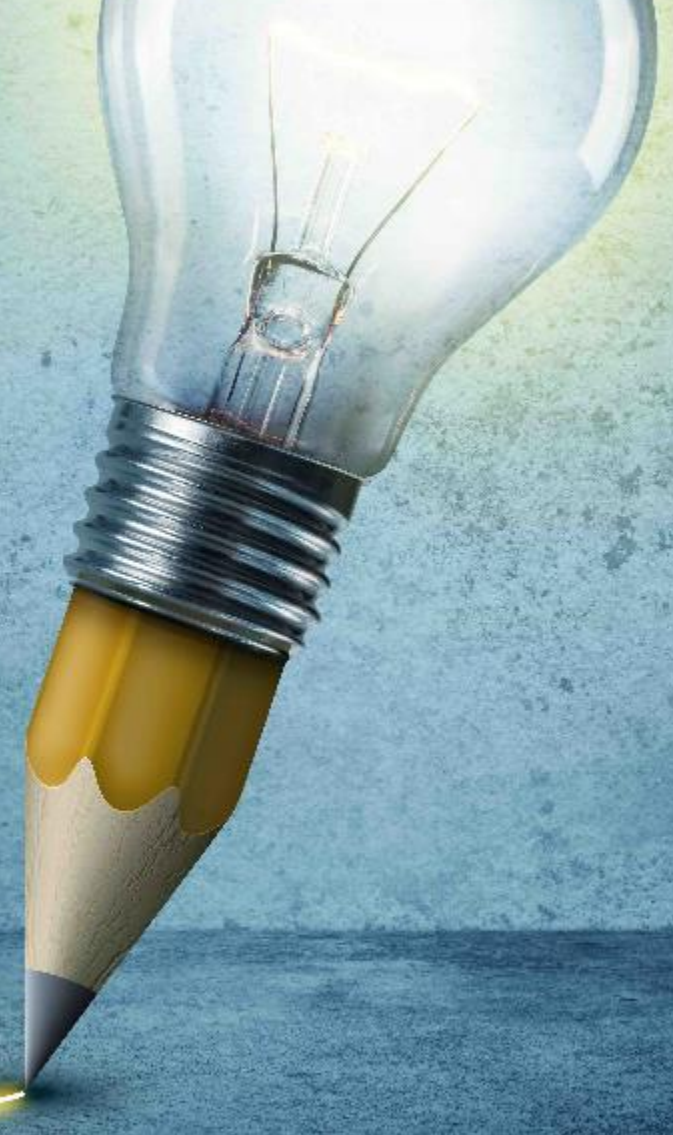
THEME 8 - *RESOURCES*

Local resources:

- Vancouver Island Health Authority: Seniors Health: <https://www.islandhealth.ca/our-services/seniors-services>
- HealthLinkBC: <https://www.healthlinkbc.ca/>
- SeniorsBC.ca – BC Government: <https://www2.gov.bc.ca/gov/content/family-social-supports/seniors>
- Seniors Serving Seniors – Resources: <https://www.seniorsservingseniors.bc.ca/service-directory/>
- Seniors 411: <https://www.411seniors.bc.ca/>
- Alzheimer Society British Columbia: <https://alzheimer.ca/bc/en>
- CHF Canada: <https://chfcanada.coop/>
- Isobel MacKenzie, B.C. Seniors Advocate: <https://www.seniorsadvocatebc.ca/about-the-advocate/>

NEXT STEPS

What are your takeaways
from today's session?



WELCOME BACK!

Here are the sessions we have lined up
for September and October

You Can Register Here: <https://www.chf.bc.ca/fall-into-learning-workshops/>

01

02

03

04

05

06

**Aging in our
Co-op
Communities**

**Living
Collaboratively**

**Membership
Terminations**

**What Makes a
Good Board?**

**Interviewing
and Member
Selection**

**Yikes, I'm the
Treasurer**

September 2

September 9

September 15

September 29

October 7

October 28

ANY
QUESTIONS?

Email us:
education@chf.bc.ca

Phone us:
604-879-5111
1-866-879-5111 (toll free)



Thank you for your participation!

Keep an eye out for the webinar evaluation to be sent via email.

